



# SAJONI

## Newsletter

December 3 to 15, 2025



**SATCHIDANANDA  
JOTHI NIKETHAN  
INTERNATIONAL SCHOOL**

**Volume 5 Issue 14**

**December 16, 2025**

### **Go With Full Confidence**

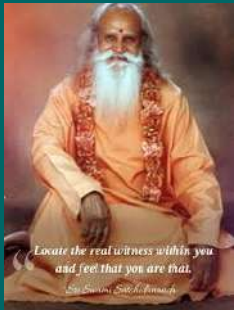
Don't worry about anything. Worry never brings any benefit to anyone. On the other hand, it spoils even the little that you might do. There is a beautiful saying I read on a daily calendar page many years ago. It said, "Sorrow is nothing but what you borrow." Nobody is going to give you that. You go and borrow it.

If you don't care to borrow it, there's no sorrow for you. That's all. You are the cause of your worry. Nobody can bring worry to you. If you care, decide not to worry. Remember, worry is not going to bring anything to us. On the other hand, it will sap away even the little energy, the little capacity, that we may have. A worried doctor cannot operate; you all know that. A worried student cannot write an exam. Go with full confidence. Just say, "I'm doing all that I can. That's it."

We make things change. Everything takes its own time. We are in a hurry to change things. We want everything instantaneously. Allow nature to have its say. Nature is God. Let our lives be filled with trust in the higher will. Whether it is an individual or an organization or a nation or the whole globe, let it go smoothly in its own time.

**-Swami Satchidananda Maharaj**

(Affiliated to CBSE - New Delhi)  
KALLAR,  
METTUPALAYAM,  
COIMBATORE(DT)-641305,  
TAMIL NADU.



**'Real spiritual experience  
is to see the unity in  
diversity.'**

**-Swami Satchidananda Maharaj**

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**We Educate the Mind; Illuminate the Soul**

**Thinker's Forum - Book Review - Session 5****December 06, 2025**

The Book Review Session-5 was conducted on December 6, 2025, with the objective of promoting reading habits and literary appreciation among students. Three thought-provoking books - Swadeshi Steam by A.R. Venkatachalapathy, இதயத்தின் ஓசை by Sindanai Kavignar Kavidasan, and The Prophet by Kahlil Gibran - were selected for review during the session.

Swadeshi Steam was reviewed by students of Class XI Humanities



and Class IX Patriotic Club. Their presentation brought out the essence of patriotism and social consciousness reflected in the book.

The Tamil literary work இதயத்தின் ஓசை was reviewed by Class IX students. The review highlighted the depth of emotions and philosophical thoughts expressed through poetry.

The Prophet by Kahlil Gibran was thoughtfully reviewed by Mr. Aniket Nandy, History Teacher, who explained its timeless philosophical insights and relevance to life.



Overall, the programme emphasised patriotism, human values, and philosophical reflections on life. It motivated students to cultivate regular reading habits and explore diverse literary works. The session concluded with appreciation for the presenters and staff members for their active involvement and guidance.



Thinker's Forum - Book Review - Session 5

December 06, 2025



## **Armed Forces Flag Day Observed**

**December 06, 2025**

Armed Forces Flag Day was commemorated on December 6, 2025 at Satchidananda, honouring the brave servicemen of the Army, Navy and Air Force who dedicate their lives to the service of our nation. The program featured inspiring contributions from two members of the Patriotic Club and two cadets of the NCC Club, who delivered brief speeches and shared patriotic quotes. Their words instilled a spirit of respect and admiration for the Armed Forces among the student community.

As part of the observance, each student contributed ₹200, which was collectively donated to the Armed Forces Flag Day Fund, reinforcing the values of gratitude and solidarity with our defenders.

## **Leadership Development Programme**

**December 06, 2025**

The Leadership Development Programme 2025–26 was organised on 06.12.2025 Saturday at our Satchidananda Jothi Nikethan International School, with the aim of empowering student leaders with essential leadership skills. The programme, inaugurated by the Secretary Dr. Kavidasan, brought together school captains, vice-captains, and house leaders for a series of interactive sessions, workshops, and team-building activities.

The resource person, Mr. Naman Vankdari, Advocate of the High Court of Karnataka, who emphasized the importance of responsible leadership, communication, and collaborative decision-making. Throughout the day, he conducted sessions on leadership in the life, goal setting and SWOT analysis, being a team player and building own museum.

The programme was felicitated by the Principal Dr. R. Umamaheswari, the Vice principal Dr. S. Sakthivel and the Dean- Academics Dr. Sheela Grace.

Participants actively engaged in group tasks and discussions, showcasing enthusiasm and creativity. The event concluded with encouraging feedback from the students, marking the programme as a significant step toward nurturing confident and capable young leaders.

# Leadership Development Programme

December 06, 2025



## Parent Talk

December 08, 2025

The Monday morning assembly on December 8, 2025, was not just another routine gathering - it was an experience that left every student inspired and thoughtful. Our weekly assemblies are always special, as they provide us with the opportunity to welcome parents to our school, honour them, and listen to their words of wisdom. This week's guest speaker was Mr. Vengat Raghavan, B.B.A., TRV Jewellers and Broadway Megaplex Pvt. Ltd., Coimbatore, and parent of Adith from Class VI. He addressed us on the thought-provoking theme "Expectation and Aspiration."

From the very beginning, Mr. Raghavan captured our attention with a unique comparison. He likened our school to a five-star hotel, emphasizing the warmth and hospitality extended to every student right from the entrance. He praised our security officers, noting how their genuine smiles and respectful greetings set the tone for the day.

Continuing with his analogy, Mr. Raghavan spoke about the dining styles in five-star hotels - à la carte and buffet. While à la carte involves selecting individual dishes, he beautifully described our school as a buffet system. Here, a wide array of opportunities is laid out for students to explore, much like the diverse flavours in a buffet. Whether through clubs, activities, or academic pursuits, our school encourages us to sample different experiences, discover our interests, and nurture our talents. His words reminded us that education is not just about textbooks and exams, but about exploration, choice, and growth.

The talk was not only insightful but also deeply heartwarming. Mr. Raghavan's message resonated with every student present, making us reflect on how lucky we are to be part of such a vibrant and supportive school community. His emphasis on aspiration - reaching beyond expectations - was a gentle reminder that each of us has the potential to achieve greatness when given the right environment and opportunities.

The assembly concluded with a sense of joy and gratitude. Mr. Raghavan's thoughtful words left us motivated to embrace the buffet of opportunities our school offers and to aspire towards becoming the best versions of ourselves.





## Bharathiyar Day Celebration

December 11, 2025

Bharathiyar Day was observed with great enthusiasm and reverence in our school on December 11, 2025. The occasion was dedicated to remembering the life, ideals, and patriotic spirit of Mahakavi Subramania Bharathiyar, whose words continue to inspire generations.

Students of Bharathiyar House played a pivotal role in the celebration by presenting a well-coordinated programme that included a speech, a skit, and a melodious song and a dance highlighting Bharathiyar's life, his love for the nation, social reforms, women empowerment, and his vision of freedom. The skit vividly portrayed his revolutionary thoughts and fearless attitude, while the speech emphasized the relevance of his messages in today's world. The soulful song added grace and emotional depth to the programme.

The celebration proved to be a truly enlightening and inspiring experience for the students. It helped them gain a deeper understanding of Bharathiyar's ideals and encouraged them to imbibe his values of courage, equality, and patriotism in their daily lives.



## Motivational Session on National Defence Academy (NDA) December 13, 2025

A motivational and career guidance session on the National Defence Academy (NDA) and UPSC examinations was jointly organized at Satchidananda on December 13, 2025, by the Department of Counselling & Career Guidance and NCC (2 TN AIR Sqn) for students aspiring to pursue a career in the Armed Forces and UPSC. Col. C. S. T. Swamy from NCC Group Headquarters, Coimbatore, was the guest expert and inspired the young aspirants with his insightful and motivating address. The programme aimed to guide and encourage students towards a disciplined and honourable career in defence services.

During the morning session, Col. Swamy delivered an engaging motivational talk supported by short videos that highlighted the life, discipline, and rigorous training at the NDA. The visuals offered students a clear understanding of the daily routine of an NDA cadet and emphasised core values such as leadership, discipline, and patriotism.

In the afternoon session, students were provided with detailed guidance on the process of joining the NDA. Information on the NDA entrance examination, question pattern, total marks, age criteria, educational qualifications (10th and 12th), and the five-day SSB interview process was explained step by step. The pathways to join the NDA and other branches of the Armed Forces were also clearly outlined.

An interactive question-and-answer session allowed students to clarify their doubts, making the programme highly engaging. Around 97 students from Grades 8 to 12 actively participated and benefited from this informative initiative.

Overall, the session offered a clear roadmap for NDA aspirants and successfully motivated many students to consider a career in the Indian Armed Forces.



## District Level Science Exhibition Achievement

Six teams comprising twelve students from our school participated in the District Level Science Exhibition for School Students, organized by the DBT Star College, in association with AIM NGO, Coimbatore. The exhibition was held at Rathinam College of Arts and Science on 8 December 2025.



We are proud to announce that one of our teams secured the Second Prize in the Grade 6 to 8 category. The award-winning project, titled “Solar-Powered Smart Greenhouse System,” was presented by N. G. Mahanth Raam and Aadit Prashanth of Grade 7.

## URAM 2025 Robotics - Competition

"Mukkudal Robotics recently hosted the 4th edition of URAM, a national-level robotics competition, at Sri Ramakrishna Engineering College, Coimbatore on Nov 21-22, 2025. With the theme 'Industrial Automation', participants showcased their skills and innovation. The event saw exciting competitions, with prizes awarded for Best Robot Run (Junior category) and Best All-rounder (Senior category). Kudos to all participants!



## மகாபாரதம் தொடர் சொற்பொழிவு

சச்சிதானந்த ஜோதி நிகேதன் பன்னாட்டுப் பள்ளி  
கல்வாய், திருச்சிமலைமலை, சேரமங்குளம் மாநகம் -641305

**மகாபாரதம்**  
கந்தர்வன் சைவத்தொடர் பல் பற்றிய கந்தர்வ ஆலோசனையால்  
(சொடர் சொற்பொழிவு-15)

05-12-2025  
வெள்ளிக்கிழமை  
மலை 6.00 மணி  
சச்சிதானந்தர்  
வடாட்சியகம்  
கலைப்பரங்கம்

வழங்குபவர்  
**முனைவர். க. முருகேசன்**  
முதல்வர்  
பயனீர் கலை அறிவியல் கல்லூரி,  
கோயம்புத்தூர்.

நலைமை  
டாக்டர் சீரா. உமாமகேஸ்வரி, பள்ளி முதல்வர்

**அனைவரும் வரவே!**

Dr. Kavidasan,  
Secretary  
**We Educate the Mind; Illuminate the Soul**

Shri. K. Ramasamy,  
Managing Trustee

**மகாபாரதம்**  
பகவத்கீதை உபதேசம்  
(சொடர் சொற்பொழிவு-16)

வழங்குபவர்  
**முனைவர். க. முருகேசன்**  
முதல்வர்  
பயனீர் கலை அறிவியல் கல்லூரி,  
கோயம்புத்தூர்.

நலைமை  
டாக்டர் சீரா. உமாமகேஸ்வரி, பள்ளி முதல்வர்

12-12-2025 வெள்ளிக்கிழமை மலை 6.00 மணி கலைப்பரங்கம்

மகாபாரதம் தொடர் சொற்பொழிவு 15ஆம் நிகழ்வு, 05-12-2025 அன்றும், தொடர் சொற்பொழிவின் 16ஆம் நிகழ்வு 12-12-2025 வெள்ளிக்கிழமையன்றும் நடைபெற்றன.

கோயம்புத்தூர் பயனீர் கலை அறிவியல் கல்லூரியின் முதல்வர் முனைவர் க. முருகேசன் தொடர் சொற்பொழிவினை நிகழ்த்தினார்.

இந்திரனின் வேண்டுகலும், போர் பற்றிய மந்திர ஆலோசனையும் பற்றி 15 ஆம் சொற்பொழிவிலும், பகவத்கீதை உபதேசம் பற்றி 16 ஆம் சொற்பொழிவிலும் முனைவர் க. முருகேசன் விளக்கியுரைத்தார். சொற்பொழிவின் நிறைவில் கேட்கப்பட்ட வினாக்களுக்குச் சிறப்பாக பதிலளித்த ஆறு மாணவ மாணவியர்க்குப் பாராட்டுச் சான்றிதழ்கள் வழங்கப்பட்டன.

## Acrylic Painting Workshop December 14, 2025

An Acrylic Painting Workshop was conducted at Satchidananda on December 14, 2025. The session was led by the renowned artist Mr. Rajagopal from Coimbatore. Students were introduced to a variety of acrylic painting styles such as modern art, landscapes, seascapes, natural scenery, and cityscapes.

The workshop provided hands-on exposure and helped students explore new techniques. It was an engaging and enriching experience that greatly enhanced the students' creativity and artistic skills. Mr. Easwaran, the Art master organised the entire event.



# Parent Talk

December 15, 2025



As part of the Monday Assembly, Satchidananda Jothi Nikethan International School organised a Parent's Talk. The address was delivered by Dr. R. Vijay, BDS, MDS, Founder and Chief of Vijay Dental Care and Implant Centre, Coimbatore. A renowned Maxillofacial Surgeon, Implantologist and Smile Designer, Dr. Vijay is the parent of V. Advait of Class VI.

Dr. R.Vijay began his talk by sharing inspiring examples of young achievers, conveying the powerful message that age is just a number. He spoke about Kutraleeshwaran, a recipient of the prestigious Arjuna Award, Vaibhav Suryavanshi, a young cricket prodigy, and Lydian Nadhaswaram, a talented music composer. These examples encouraged students to dream big and pursue their goals with determination and confidence.

During his address, Dr. R.Vijay emphasized the significance of the 3-S approach - Sports, System and Spirituality. He explained that Sports help in developing physical strength, teamwork and resilience; System nurtures discipline, consistency and time management; and Spirituality builds inner strength, values and emotional balance. He highlighted how these three aspects together contribute to the overall growth of students.

The Parent's Talk left a lasting impression on the students. His motivating words inspired them to cultivate patience, self-control, perseverance and discipline, and to remain focused and determined in their journey towards success.

K.V. Annanya, XI C

# Acrylic Painting Workshop December 14, 2025



# Art Gallery



**SIDDHARTH.S.Y**  
C-2742, V-B



**VISAKAMITHRAN.M**  
C-2767, V-B



**KOMAHAL.S**  
C-2719, V-A



**NAINIHA.A.S**  
C-2801, IV

# Art Gallery



**YASHVANTHIKA SRI.V.M**  
**C-2834,IV**



**THARA.K**  
**C-2574, V-B**



**UMAIYAL.S**  
**C-2593,V-B**



**SAI BRAGSHITHA**  
**BALAJI**  
**C-2898,VI-A**

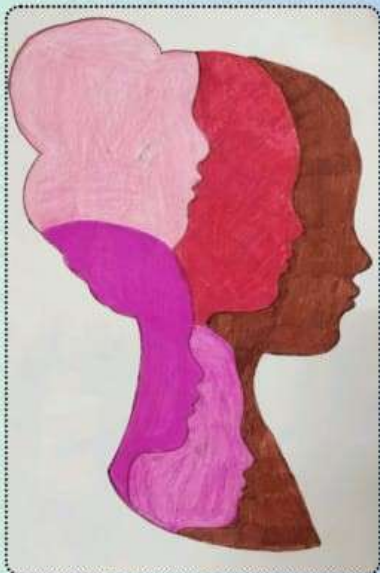
# Art Gallery



**KANISHKASHRI.V**  
C-2540, VII-C



**KANISHKA.K**  
C-2351, VII-C



**SUBIKSHA SHREE.N**  
C-2584, VII-A



**ANVITHA RAJ**  
C-2551, VII-A

ALUMNI PROFILE

**Ms. Sweaththa Subramani, MS, UK**  
Chief Executive Officer  
Subramanya College of Arts & Science

Ms. Sweaththa Subramani, daughter of Mr. R. Subramani, completed her Class XII in 2012 from the Management Stream. She pursued her B.Sc. in Psychology at PSG College of Arts and Science, Coimbatore, followed by a Master's in Business Management with a specialization in Human Resource Management from Edinburg Napier University, Scotland.

During her school years, she was an active member of the School Art Club, contributing creatively to several school initiatives. One of her notable achievements was producing a documentary film titled "Iragugal", an Art Club initiative that showcased her creativity and leadership. She also represented the school in various cultural and formal events, delivering speeches and participating enthusiastically in co-curricular activities.

Currently, Ms. Sweaththa Subramani serves as the Chief Executive Officer (CEO) of Subramanya College of Arts and Science, Palani, leading the institution with vision, innovation, and commitment to educational excellence.



**Mr. B. Krishna Prasath, I.F.S.**  
Indian Forest Service

Mr. B. Krishna Prasath, son of Mr. Boopathy Samynathan, completed his Class X in 2012. He pursued his B.E. in Civil Engineering at Jai Shriram College of Engineering, Tiruppur, and later joined the Indian Forest Service (IFS), 2023 batch, allotted to the Madhya Pradesh cadre.

During his school days, Krishna Prasath excelled both academically and in extracurricular activities. He fondly recalls his participation in a Tamil drama, where he portrayed the role of Subramanya Siva - a performance he cherishes as one of his most memorable school experiences.

Following his graduation, he successfully cleared the Civil Services Examination and underwent two years of intensive training at the Indra Gandhi National Forest Academy (IGNFA), Dehradun.

Currently, based on his outstanding performance during training, he has earned the opportunity to pursue a Diploma in Advanced Wildlife Management at the Wildlife Institute of India, Dehradun. His journey stands as an inspiring example of dedication, perseverance, and commitment to serving the nation through environmental stewardship and forest conservation.

*"Achievement in life is based on devotion, dedication, and discipline."*



## SATCHIDANANDA JOTHI NIKETHAN INTERNATIONAL SCHOOL

Ooty Main Road, Kallar (Post), Mellupalayam, Coimbatore - 641 305.

*We request your gracious presence  
on the occasion of the*

### FOUNDER'S DAY CELEBRATION

*On 29<sup>th</sup> December 2025, Monday at our  
Swami Satchidananda Golden Jubilee Auditorium*

*In the presence of the Chief Guest*

### **Dr. Nalla G Palaniswami**

*Chairman and Managing Director Kovai Medical Center and Hospital Ltd  
Trustee Dr NGP Research and Educational Trust, Coimbatore*

&

*Distinguished Alumni*

*Ms. Sweaththa Subramani, MS, UK*

*Mr. B. Krishna Prasath, I.F.S.*

*The Management, Staff and Students*



*"The hardest thing in the world is to train one's own mind."*

CHIEF GUEST PROFILE

**Dr. Nalla G Palaniswami**  
Chairman and Managing Director  
Kovai Medical Center and Hospital Ltd

Dr. Nalla G. Palaniswami is from an agriculture family. He is an eminent physician, healthcare visionary, and educational reformer whose impact spans general medical technology, rural health, and social empowerment in Western Tamil Nadu.

Trained in Internal Medicine and Endocrinology in the US, Dr. Palaniswami was driven to bring world-class healthcare home. In 1990, He founded Kovai Medical Center & Hospital (KMCH), which has grown into a 2000-bed multi-specialty institution known for pioneering medical advancements in the region.

Dr. Palaniswami strongly believes that education catalyzes social success. He established the Dr. NGP Group of Educational Institutions to provide quality learning opportunities for students from all economic backgrounds, offering scholarships and financial aid for the underprivileged people.

His deep commitment to humanitarian service is evident through several Rural Health Initiatives, Community Services, public health awareness drives, extending medical and financial aid during regional and national emergencies

Dr. Palaniswami's life is a testament to the power of vision, dedication, and giving back to society.

PROGRAMME

Refreshments : 02.15 pm to 2.45 pm  
Parents are requested to be seated in the auditorium before 02.45 pm

### FOUNDER'S DAY PROGRAMME

( 29-12-2025, Monday )

- 3.00 pm : Prayer
- 3.05 pm : Welcome Address & Annual Report  
**Dr. R. UMA MAHESWARI**  
Principal
- 3.25 pm : Prize Distribution
- 3.45 pm : Address by the Distinguished Alumni  
**Ms. SWEATTHA SUBRAMANI**  
**Mr. B. KRISHNA PRASATH**
- 4.05 pm : Address by the Secretary  
**Dr. KAVIDASAN**
- 4.20 pm : Address by the Managing Trustee  
**Sri. K. RAMASAMY**  
: Release of **Sajoni - Magazine 2026-27**
- 4.35 pm : Address by the Chief Guest  
**Dr. NALLA G PALANISWAMI**
- 4.55 pm : Vote of Thanks  
**Dr. S. SAKTHIVEL**  
Vice Principal
- 5.10 pm : Cultural Programme
- 6.45 pm : National Anthem
- 7.00 pm : Dinner

## தலைமைப்பண்புகள்

உலகம் எப்பொழுதும்  
புதுமையைத்தான் விரும்புகிறது.

புதுமைக்கு முன்னுரை எழுதும்  
முயற்சிக்குத்தான் முதல்  
மரியாதை கிடைக்கும்.

- சிந்தனைக் கவிஞர்

கவிதாசன்



## தலைமைப்பண்புகள்

எதிர்பாராத விளைவுகளையும் எதிர்பார்த்து  
எச்சரிக்கையாகச் செயல்படும் போதுதான்  
தலைமை முடிசூட்டுக்கொள்கிறது.



- சிந்தனைக் கவிஞர்

கவிதாசன்

## தலைமைப்பண்புகள்

பாதையை மாற்றலாம் ஆனால்  
இலக்கை மாற்றக் கூடாது.

இலக்கெனும் நெருப்பு இதயத்தில் இருந்தால்  
தடைகளைத் தகர்க்கும் ஆற்றல் ஊற்றெடுக்கும்.



- சிந்தனைக் கவிஞர் கவிதாசன்

நாம் சந்திக்கும் ஒவ்வொரு சவாலும்  
நமது ஆற்றல்களை  
வலிமைப்படுத்துகிறது !

- சிந்தனைக் கவிஞர்

கவிதாசன்



YouTube Kavidasan Thannambikkai

அதிகாரம் 58

கண்ணோட்டம்

குறள்: 573

## குறளோசை

**பண்ணொம் பாடற்கு இயைமின்றேல் கண்ணொம்  
கண்ணோட்டம் இல்லாத கண்.**

**விளக்கம் :** இரக்க உணர்வு, அன்பு எனும் கண்ணோட்டத்துடன் பொருந்தி  
வராத கண்ணும், பாடலுடன் பொருந்தி வராத இசையும் பயன்  
தராதவையாகும்.

**Benign Look**

Songs without music are indeed useless  
Eyes sans benign look have no use.

**Explanation:** Songs without tunes are of no use. Eyes without benign look  
are of no use either.



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