



# SAJONI Newsletter

August 1-19, 2025



**SATCHIDANANDA  
JOTHI NIKETHAN  
INTERNATIONAL SCHOOL**

**Volume 5 Issue 6**

**August 20, 2025**

## **Don't Worry About the Future**

What you sow, so shall you reap. Don't worry about the future and don't worry about the past. A great thinker said the past and the future are not even visible. But what is visible? The golden present. Think of the golden present, sow what is necessary, what is right. Sow good thoughts, sow good deeds, and I am sure you will reap good fruits. There is no question about it. What you do comes back to you. What you sow, you reap. So do the right thing in the present, and don't worry about the future. The people who worry about the future miss the present as well.

You have something right now. You have it in the hand, something nice to eat; don't think, "What will happen if I am hungry tomorrow?" By the time you find that out, someone will have snatched it from you. Always remember the golden present. Never miss it. A happier life is not given to you by someone else. Not even God can give you a happier life. Remember that. Happiness is in you. If you take care not to lose it, it is always there.

*-Swami Satchidananda Maharaj*



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**'As the mind, so the  
individual; bondage and  
liberation are in the mind.'**  
-Swami Satchidananda Maharaj

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**We Educate the Mind; Illuminate the Soul**

## SATCHIDANANDA AT GLOBAL ARENA — August 4-7, 2025 OXFORD INDIA MUN 2025

A delegation of ten students of the MUN club participated in the prestigious Oxford India Model United Nations (MUN) 2025, held at FLAME University, Pune, from August 4 to 6, 2025. The event, organised by the MU20 School of Opportunity, is an international arena that brought around 600 high school students across the world together to engage in diplomatic simulations, leadership challenges, and global discourse. Representing the school with enthusiasm and intellect, our delegation showcased commendable skills in public speaking, negotiation, and policy formulation. Notably, Mithun S of Grade 9 earned the High Commendation Award in the UNCOPOUS committee, representing Turkey, for his articulate speeches and strategic diplomacy.

The event also provided students with opportunities to participate in cultural evenings and innovation challenges, making it a truly transformative experience.



## My School, My story: A Journey of Growth **Alumni Spotlight**

Looking back, my years at SJN feel like a vivid chapter that shaped me in ways I'm still unpacking. That fully residential world, tucked away from the chaos, filled with tight-knit bonds and relentless energy was more than a school. It was the home where I grew into myself, surrounded by a family that pushed me to dream big while keeping me grounded for the real world's challenges.

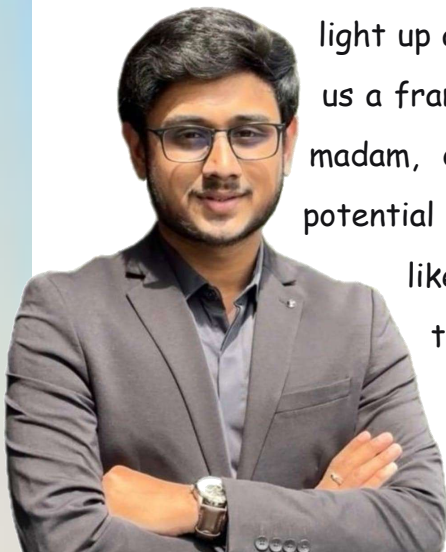
I'm now a student at the Indian Institute of Management Rohtak (IIM-R), diving into corporate strategy and dissecting laws to assist companies in management and legal compliance with the laws of the country. It's intense, the huge number of laws, evolving Enterprise Resource Planning mechanisms, and presenting insights to the management who rely on them and take crucial decisions. But the roots of how I tackle this trace back to SJN. The school didn't just teach me academics; it taught me how to think, adapt, and hold my own in a competitive landscape.

Life at SJN was a crash course in balance. From sprinting to morning assemblies to battling it out in inter house sports, every day was a mix of structure and freedom. I tried things I never thought I would, public speaking, event planning, even surviving dorm life with people who were quite a lot different from me. Those experiences, filled with energy and memorable, showed me how to bounce back from setbacks and lean into collaboration.

I owe so much to the mentors who guided me. Dr. Kavidasan sir, our Secretary, could light up a room with his words. His speeches didn't just motivate, they gave us a framework for leading with clarity and purpose. Dr. R. Uma Maheswari madam, our Principal, was a mentor like no other, her ability to see potential in us before we saw it ourselves was a gift. Her encouragement felt like a compass, pointing me toward confidence. Dr. V.Ganesan sir, our then-Academic Advisor, had unlimited energy and was filled with knowledge to share like no one else.

SJN gave me something so essential apart from education, a foundation to face the world with grit and gratitude. For the home it was, the family it built, and the tools it handed me, I'll always carry a piece of it with me with a smile.

- *Guna.K.M Class XII Passed out student in 2021*



# Our Champions Shine at CBSE South Zone-1 Hockey Championship! August 15, 2025

We are delighted to share the proud achievement of our school, which recently hosted the CBSE South Zone-1 Hockey Championship at our campus.

The tournament brought together 1,200 students from 37 schools representing Karnataka, Andhra Pradesh, Telangana, Puducherry, Andaman & Nicobar Islands, and Tamil Nadu. After exciting knockout cum -league rounds, our school teams displayed outstanding performance.

Our Boys' Under-14, Under-17, and Under-19 teams, along with the Girls' Under-17 team, emerged as winners and proudly qualified for the National Championship. This is a remarkable milestone in our sporting journey!

The victory celebrations were marked by a grand prize distribution ceremony. We were honoured by the presence of Dr.K.Karthikeyan IPS, Superintendent of Police, Coimbatore District, who felicitated our champions with medals, certificates, and trophies.

We extend our heartfelt gratitude to our Secretary Dr. Kavidasan, Principal Dr.R. Uma Maheswari, Vice-Principal Dr. S. Sakthivel, and the entire Physical Education Department for their guidance and encouragement. Special thanks also go to all dignitaries, staff, and parents who supported this successful event.

With passion, discipline, and teamwork, our students have once again proven that excellence is a tradition at SJN. The Management, staff, students and parents congratulated the hockey champions for their great achievement.



## Teachers' Online Training Programme

August 18, 2025

On August 18, 2025, around 60 teachers from our school actively participated in an Online Training Programme conducted through the SWAYAM platform. The session aimed at enhancing digital teaching competencies, innovative pedagogical practices, and the integration of technology into classrooms.

The training provided valuable insights into effective e-learning methodologies, assessment strategies, and ways to create an engaging learning environment for students. It also emphasized the role of continuous professional development in shaping future-ready educators.

This initiative reflects our school's commitment to fostering a culture of lifelong learning among teachers and equipping them with the skills required for 21st-century education.

## Visit of University of Malaysia Delegates

On August 9, 2025, a group of 25 students and five faculty members from the University of Malaysia visited our school during their Training-cum-Workshop on Linguistics an outbound Programme. The visitors were warmly welcomed with vibrant cultural performances, including a traditional folk dance, a creative presentation of Kabilar's 99 kinds of flowers from Kurinji Pattu, and the soulful recitation of Adhikarams from the Thirukkural.

Our Secretary, Dr. Kavidasan, Principal, Dr. Uma Maheswari, Vice Principal Dr. S. Sakthivel, along with the Tamil Department teachers, graced the occasion. The delegates appreciated the serene ambience of our campus and expressed their admiration for the way the school is being nurtured and managed.



## Student of the Week

Pruthvik. P of class XII has been part of our school family since 2017, when he joined in Class IV. From the very beginning, he has carried a deep passion for hockey and has worked tirelessly to pursue his dream of becoming a champion in the sport.

He has been a key player in the school hockey team, contributing to remarkable achievements such as being Runners-up in the CBSE National Hockey Tournament (2023, 2024, and 2025) and emerging as Champions of the CBSE South Zone Hockey Tournament. In addition, he has represented the school in the CM Trophy, Tamil Nadu State Probable's, Inter-District Tournaments, TSHL, District and Zonal Championships, and the School Games Federation of India.

Beyond the hockey field, Pruthvik has also earned the NCC 'A' Certificate, reflecting his discipline, determination, and leadership qualities. Known for his calm and composed nature, he is equally committed to his academics, making him an inspiration to his peers.

He has also successfully qualified to represent our school in IEEE YESIST 12 (Youth Endeavors for Social Innovation using Sustainable Technology), an international event to be held in Malaysia on August 23 and 24, 2025.

Kudos to Pruthvik for his outstanding journey - truly a star who makes our school proud!



**Student of the Week**

**Pruthvik. P  
Class XII A**

## Independence Day

Our Principal Dr.R.Uma Maheswari unfurled the tricolour National Flag on August 15, 2025, marking the country's Independence Day celebrations. South Zone -1 Hockey Tournament participants were present in the Flag Hoisting function.



## Guru Pooja Celebrated at Satchidananda

On August 19, 2025, our school observed the 23rd Guru Pooja in the Auditorium, commemorating the Mahasamadhi of our Founder, His Holiness Swami Satchidananda Maharaj, who attained Mukthi in 2002. The solemn occasion was graced by our Managing Trustee, Shri K. Ramasamy, and Secretary, Dr. Kavidasan.

The day began with members of the Sajoni family gathering for soulful Bhajans and Inter-faith prayers, followed by floral tributes to Swamiji's beautifully adorned portrait. The Thiruvillaku Pooja, the highlight of the event, was performed to invoke peace and harmony. The ritual was conducted by Perur Adheenam, 'Gowmara Selvi' Maragathammal. Inspiring readings from *The Golden Present* reminded everyone of Swamiji's timeless teachings and his vision of creating a 'Heaven on Earth' for his disciples.

The celebration concluded with Deeparadhanai, Arthi, distribution of Prasadams, and a special lunch arranged for the Sajoni family. The event was thoughtfully organized by the Department of Tamil, under the guidance of Dr. Sivakumar.



# Art Gallery



**SRISUDHAN.S**  
C-2205, IX - C



**KRISHIV.G**  
C - 2381, VI - B



**DAKSHINN KATHIR.K.C**  
C-2668, V - A



**MUKILAN.S**  
C- 2515, VIII - D

# Art Gallery



**KISHORE PUGAL.G**  
C-2308 ,VIII-B



**SHIYAM.M.K**  
C-2225, VII - C



**VISHWANATH VIJAYANAND**  
C-2490, V-A



**MUHIL.N**  
C- 2587, IX -D

# Art Gallery

**nie THE TIMES OF INDIA**



**07-08-25**



**JAYANTH.S.K**  
C-2762, V-A  
Satchidananda Jothi Nikethan International School  
Kallar, Mettupalayam

**THE HINDU**  
IN SCHOOL

**Showcase your creativity**  
A couple of artivity entries sent in by students.

**ARTIVITY**

**07-08-25**



**SRINITHI.A - IX ,C2770**  
Satchidananda Jothi Nikethan  
International School  
Kallar, Mettupalayam .

**nie THE TIMES OF INDIA**

**Canvas & Verses**  
Artistry corner

**12/08/2025**




**SRISUDHAN.S**  
Grade -IX  
Satchidananda Jothi Nikethan International School  
Kallar, Mettupalayam.

**nie THE TIMES OF INDIA**

**Canvas & Verses**  
Artistry corner

**14/08/2025**




**PRANAV SATHVIK.U**  
Grade -IX  
Satchidananda Jothi Nikethan  
International School  
Kallar, Mettupalayam.

**nie THE TIMES OF INDIA**

**Canvas & Verses**  
Artistry corner

**18/08/2025**




**VETHAVARNA.K.T**  
Grade - VIII  
Satchidananda Jothi Nikethan  
International School  
Kallar, Mettupalayam.

Accolades

வாழ்க வளமுடன்

# தி கோவை மெயில்

தமிழ் &amp; ஆங்கில வார இதழ்

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Date: 6.8.2025

## கவிதாசனாக்கு ஆளுமைச் சிகரம் விருது



சிந்தனைக் கவிஞர் கவிதாசன் அவர்களுக்கு மலேசிய தமிழாய்வு நிறுவனம் சார்பில் அந்நிறுவனத் தலைவர் குமரன் ஆளுமைச் சிகரம் என்ற விருதினை வழங்கினார். அருகில் ரூட்ஸ் நிறுவனங்களின் தலைவர் ராமசாமி, எஸ்.என்.ஆர். சன்ஸ் அறக்கட்டளை நிர்வாக அறங்காவலர் சுந்தர், தஞ்சாவூர் தமிழ் பல்கலைக்கழக மேனாள் துணைவேந்தர் சுப்ரமணியம் மற்றும் ஸ்ரீ ராமகிருஷ்ணா கலை மற்றும் அறிவியல் கல்லூரியின் முதல்வர் சிவக்குமார் ஆகியோர் உள்ளனர்.

அதிகாரம் 49 காலமறிதல் குறள்: 484

### குறளோசை

**ஞாலம் கருதினாங் கைகூடும் காலம் கருதி இடத்தாற் செயின்.**

விளக்கம் : ஏற்ற காலத்தையும் இடத்தையும் அறிந்து ஒரு செயலைச் செய்தால், உலகத்தையே அடைய நினைத்தாலும் அதுவும் கைகூடும்.

**Choosing Proper Time**  
The whole world is his who acts  
At the right time and place.

**Explanation:** Even the world can be conquered, if one acts at the right time and right place.



- Private Circulation Only -

Published by: Dr. Kavidasan, Secretary

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