



# SAJONI

## Newsletter

September 01-15, 2025



**SATCHIDANANDA  
JOTHI NIKETHAN  
INTERNATIONAL SCHOOL**

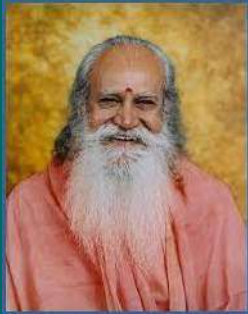
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### GO WITH FULL CONFIDENCE

(Affiliated to CBSE - New Delhi)  
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**'Everything begins in the  
mind. If you want to see  
clearly, you need clear  
vision.'**

*-Swami Satchidananda Maharaj*

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Don't worry about anything. Worry never brings any benefit to anyone. On the other hand, it spoils even the little that you might do. There is a beautiful saying I read on a daily calendar page many years



ago. It said, "Sorrow is nothing but what you borrow". Nobody is going to give you that. You go and borrow it. If you don't care to borrow it, there's no sorrow for you. That's all. You are the cause of your worry. Nobody can bring worry to you. If you care, decide not to worry. Remember, worry is not going to bring anything to us. On the other hand, it will sap away even the little energy, the little capacity, that we may have. A worried doctor cannot operate, you all know that. A worried student cannot write an exam. Go with full confidence. Just say, "I'm doing all that I can. That's it."

The above lines have been inspiring us to go with confidence year after year in all that we do at Satchidananda. When we look back on the 28 years that we have travelled in man-making, a sense of fulfilment reigns in all of us in taking young minds in the right direction in Nation building activities.

*-Swami Satchidananda Maharaj*

**We Educate the Mind; Illuminate the Soul**



## Teachers' Day Celebration

September 5, 2025

Satchidananda Jothi Nikethan International School celebrated Teachers' Day on September 5, 2025, with deep respect and reverence, honoring the great teacher, philosopher, statesman, and former President of India, Dr. Sarvepalli Radhakrishnan.

The auditorium, beautifully decorated for the occasion, was filled with teachers and students who gathered to mark this special day. The programme began with a soulful prayer song, followed by an array of cultural performances including dances, songs, drama, and speeches by the students as a token of their gratitude and admiration for their teachers. The event concluded with a touching PowerPoint presentation showcasing cherished moments of the teachers on the school campus.

Dr. Kavidasan, Secretary of the school, honored the teachers with mementoes along with the students and, in his address, extended heartfelt greetings while commending them for their dedication to nurturing the younger generation. He also appreciated the Class XI students for successfully organizing the programme.

The celebration was further graced by the words of encouragement from the Principal, Dr. Uma Maheswari. Earlier, S. Subasree of Class XI warmly welcomed the gathering, and V. Parithi of Class XI proposed the vote of thanks, bringing the memorable celebration to a close.



## Kovai Sahodaya Schools Complex Honors Outstanding Teachers September 8, 2025

Satchidananda Jothi Nikethan International School proudly hosted the Kovai Sahodaya Schools Complex - Teacher of Eminence Award Ceremony on September 8, 2025, to honour outstanding educators of the region. The event celebrated the achievements of 63 distinguished teachers from various CBSE schools, recognizing their exceptional contributions to education. Principals and educators from across the complex also came together to grace the occasion. The Chief Guest for the ceremony was Dr. Kavidasan, Secretary of the school.

The programme commenced with a floral tribute to Dr. Sarvepalli Radhakrishnan, followed by a graceful invocation dance performed by the students. In his address, Mr. Girish Eswaran, President of the Kovai Sahodaya Schools Complex and Principal of PSG Public Schools, Coimbatore, highlighted the importance of acknowledging teachers' dedication and expressed pride in honouring exemplary educators.

Delivering the Chief Guest's address, Dr. Kavidasan emphasized the need for teachers to embrace innovative approaches, update themselves continuously, and maintain a balanced lifestyle. He encouraged teachers to pursue excellence and inspire students to greater heights, while congratulating the awardees for their accomplishments.

Following the address, the honoured teachers were presented with the Teacher of Eminence Award, certificates, and books as a token of appreciation.

Earlier, the Principal of the host school, Dr. R. Umamaheswari, welcomed the gathering, and Mr. Padmanaban, Principal of Vivekananda Academy School, proposed the vote of thanks.

The ceremony concluded on an inspiring note, celebrating the invaluable role of teachers in shaping the future of education.



## **Dream High, Fly High – The Sky is Not the Limit!** September 6, 2025

Our school organized a Career Guidance Programme on Aviation on September 6, 2025 in the school auditorium. Captain Santosh Kannan, founder of HAPS Aviation was the Chief Guest.

The programme commenced with a prayer song, followed by a warm welcome address by Vetrivel Raja of Grade IX. In his address, Captain Santhosh Kannan inspired the audience by sharing his journey in aviation and outlining the step-by-step process of becoming a pilot. He also introduced his team and highlighted the growth of HAPS Aviation, including its expansion across India and the establishment of a new international base in South Africa.

The session became highly engaging with an interactive discussion and Q & A round, where students eagerly posed questions about aviation careers.

Dr.R.Uma Maheshwari extended her felicitations, commending the initiative. The programme concluded with a heartfelt vote of thanks by Tarunika. M of Grade IX D.



**CROSS COUNTRY RACE****September 7, 2025**

Our school organized its mini-Cross-country race for the students on September 7, 2025. The theme of this year was 'Go Green, Go Clean'. It was aimed at promoting harmony and unity among the students and instilling the awareness of conserving the nature which nourishes and nurtures us.

The event saw an overwhelming response, with a total of 750 students from various grades taking part in the race. The school meticulously organizes the cross-country race every year for the students to develop team spirit and human spirit so that they help each other when there is a need during the challenging run in their lives. The excitement and enthusiasm were palpable among students belonging to the teams namely Akash, Agni, Trishul and Prithiv. The race began early in the morning, with the students displaying immense enthusiasm and energy. They ran along the designated route, starting from Black Thunder to the school ground showcasing their determination and endurance. Several staff members were also present at different checkpoints along the route to encourage and motivate the students.

The race was flagged off by Mr. Anandan, Sub-Inspector of Police, Mettupalayam in the presence of the Secretary of the school, Dr. Kavidasan, the Principal, Dr. R. Uma Maheswari, Mrs. Sheela Grace, Dean Academics and teachers. Students were segregated into three categories according to the classes they were studying in. Students of classes 9 to 12 ran from Black Thunder to the school's main ground covering a distance of 5 km. Students ran with enthusiasm to add points for their respective teams Agni, Akash, Prithvi and Trishul. The very thought of winning the cross-country trophy was echoing in their minds throughout the run.

Finally, team Agni bagged the first place followed by team Prithvi in the second place. The winners were felicitated with medals and certificates, acknowledging their remarkable performances.

The secretary of the school, Dr. Kavidasan, in his speech appreciated the will power of the students and congratulated them. He further motivated the students that participation is more important than winning or losing. He emphasized on maintaining a litter free environment for which each student should contribute their best.

This mini marathon and its theme will reflect goodness in terms of team spirit and cleanliness in the lives of students. The team spirit, endurance and perseverance of the students were much appreciated by all. The whole event was planned and conducted by Department of Physical Education of the school.

The Cross-Country Race at Satchidananda Jothi Nikethan International School was a memorable and successful event, reminding that no distance is too long to willing hearts.



# BRIDGING CULTURES, BUILDING FRIENDSHIPS

The Cultural Exchange Programme between Satchidananda Jothi Nikethan International School and Königin-Luise-Gymnasium, Erfurt, Germany, which started in 2019, has been a great way to build mutual understanding, give students global exposure, and promote appreciation of different cultures. In the year 2023, 20 students from Germany visited our school, following the visit, 20 students and 2 teachers from our school visited Germany. These exchanges have led to valuable learning experiences, collaboration, and memories that last a lifetime.

In continuation of this programme, a delegation of 10 boys and 10 girls of Class X students from our school, accompanied by Mrs. B. Sangeetha, Teacher of Biology, and Mr. M. S. Adhisheshan, Teacher of Computer Science, visited Germany from August 23, 2025, to September 7, 2025, making the bond of friendship and cultural learning even stronger. They were warmly welcomed by their German counterparts. This enabled students to immerse themselves in German history, language, lifestyle, music, dance, yoga, science, and environmental awareness, while also sharing the richness of Indian traditions.

## Program Highlights

The exchange was marked by a variety of enriching activities. Students participated in yoga, meditation, and team-building sessions that prepared them for intercultural collaboration. Host family interactions offered firsthand experiences of German daily life, traditions, and hospitality.

At the partner school, students engaged in music, dance, and language sessions, blending Indian and German cultural practices. Workshops on sustainable living, such as the Climate, Breakfast and the screening of the environmental film 'Everything Will Change', heightened environmental awareness.

Educational visits were a major component of the program. Students explored Erfurt's Petersberg Citadel, St. Mary's Cathedral, and the Augustinian Monastery, deepening their historical understanding. They travelled to Jena to experience the Imagine Science Museum, Zeiss Planetarium, and XFAB microchip production unit, which enhanced their scientific curiosity.

The cultural journey culminated in Berlin, where students visited the Berlin Wall, Panorama, ICONO Art Museum, and the Indian Embassy, alongside a scenic boat ride on the

Spree River. These experiences gave them a comprehensive view of Germany's historical, cultural, and modern dimensions.

### Key Learnings

- \* The exchange nurtured multiple areas of growth:
- \* **Cultural Integration:** Adaptation to a new lifestyle while appreciating cultural diversity.
- \* **Language Skills:** Improved confidence in basic German communication.
- \* **Environmental Awareness:** Insights on sustainability through workshops and discussions.
- \* **Creative Exchange:** Fusion of art, music, and dance from both cultures.
- \* **Historical Knowledge:** Deeper understanding of European heritage and monuments.
- \* **STEM Exploration:** Exposure to science, innovation, and technology through hands-on visits.
- \* **Interpersonal Growth:** Enhanced empathy, independence, and intercultural appreciation.

The Cultural Exchange Programme was a truly enriching experience, fostering mutual respect, understanding, and lifelong friendships between the students of both nations. We extend our heartfelt gratitude to Mr. Michael Walter, Principal, and Ms. Peggy Riem, Cultural Exchange Programme Incharge, of Königin-Luise-Gymnasium, Germany, for their warm hospitality and thoughtful arrangements throughout the programme. We also express our sincere thanks to Shri.K. Ramasamy, our Chairman, Dr. Kavidasan, our Secretary, Dr. R. Uma Maheswari, our Principal, and Dr. S. Sakthivel, our Vice Principal, of Satchidananda Jothi Nikethan International School, for their constant encouragement, support, and guidance in making this exchange possible. This memorable journey has not only broadened the horizons of our students but also strengthened the cultural bond between our schools.



# Picture Gallery



# Kovai Sahodaya Schools Complex Basketball Tournament -2025



**Kovai Sahodaya Schools Complex Basketball Tournament -2025**

Under-14 Boys - Winners

Under-14 Girls - Runners-up

Under-17 Boys - Winners

Under-17 Girls - Winners

Under-19 Boys - Winners

Under-19 Girls - Winners



We have secured the Overall Championship title in both the Boys and Girls

# Art Gallery



**RITANYA.P**  
C-2569, VII-A



**YASSHNA PRAKASH**  
C- 2843, VII-C



**NISHAA.B U**  
C-2802, VI-A



**DEV PRASATH.D.P**  
C-2675, VI-B

# Art Gallery



**SRISUDHAN.S - IX**  
C-2205, IX-C



**AMRIT.A**  
C-2513, VII-B



**SOORYA RAJA RAJAPA.T.R**  
C-2078, VII-A



**YUKASHINI.T.S**  
C-2736, X-C

# Art Gallery



**SESHAMRUT.R**  
C-1814,X-D



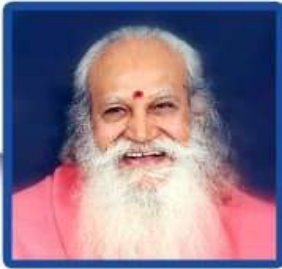
**PARITHI.V**  
C-2908, XI-A



**MUHIL.N**  
C-2587, IX-D



**SAMSRUTHI.G**  
C-2756, VI-B



## SATCHIDANANDA JOTHI NIKETHAN INTERNATIONAL SCHOOL

Affiliated to CBSE New Delhi. ( Co-ed Residential School )  
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**Dr. Kavidasan  
Secretary**

**WE EDUCATE THE MIND ; ILLUMINATE THE SOUL**

**Sri. K. Ramasamy  
Managing Trustee**

# Accolades



Our Secretary Sir Dr.Kavidasan welcomed Mr Aniket Nandy our new Teacher of Social Science. Mr Aniket Nandy is a trained graduate of History and also Fine Arts with around five Years of experience in teaching.

Congratulations on joining the Satchidananda Jothi Nikethan family.

We look forward to his valuable contributions and wish him success, happiness and good luck in all his endeavours.

அதிகாரம் 50 இடனற்தல்

குறள்: 491

குறளோகை

**தொடங்கற்க எவ்வினையும் எள்ளற்க முற்றும்  
இடங்கண்ட பின்னல் லது.**

விளக்கம் : ஈடுபடும் செயல் ஒன்றும் விரிதல் என இகழ்ச்சியாகக் கருதாமல், முற்றிலும் சரியான இடத்தைத் தேர்ந்தெடுத்து அச்செயலில் இறங்க வேண்டும்.



**Assessing the Place**

**Begin not any task and despise not your enemies  
Till you find a right place to attack from all sides.**

**Explanation: One should neither start any task nor scorn the foes, till one finds the right place for action.**

- Private Circulation Only -

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